

# Eating Support

Eating Support: Linking those living with, who have lived experience and those supporting someone with an eating disorder - peer support, check ins and monthly R2R facilitated listening space.

Please join this Signal chat:

[https://signal.group/#CjQKILmvECcMljbeVFh3Dj8PFfeEL0qi9QLKWBvFAC\\_IrWNmuEhACHwDnse17IIQRTpDSWhmW](https://signal.group/#CjQKILmvECcMljbeVFh3Dj8PFfeEL0qi9QLKWBvFAC_IrWNmuEhACHwDnse17IIQRTpDSWhmW)

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