

# Peer to Peer Support

Guidance to set this up

There are numerous stresses on role holders and support can be found through different teams in JSO, but here we are talking about linking up with one or maybe two JSO peers in an active listening and supportive way.

This one pager explains it all

<https://docs.google.com/document/d/18xxBCBDL1sAbSHM4BeOpSY56tmkGkjdtONZX-V21Lew/edit?usp=sharing>

For help getting started - Please do reach out to these people:

Tardigrade (she/her) 07585 905890 or Mother of Cats (she/her) 07783 033284

Or any Safeguarding, link person in the lists above. :)

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